



# HEALTH FACULTY STATEMENT 2017-18

*"Don't count the days, make the days count." Muhammed Ali*

**HEAD OF FACULTY: J. Jarrett**

## KEY STAGE 3

In Key Stage 3, students will compete in six half termly sports per year which, across years 7 to 8, comprise skills that will improve student's teamwork, communication, and fine motor skills. These skills are taught through a range of sports including, football, netball, badminton, gymnastics, and games from around the world, cricket, athletics, outdoor and adventurous activity and rounders. All schemes of work have been devised in-house by the department and are regularly reviewed and developed. Each sport that is covered is followed by an assessment where progress is measured against grade specific criteria. In year 7 and 8, boys and girls are taught in same sex lessons where they are split into two different sets. KS3 students receive four PE lessons a fortnight.

## KEY STAGE 4

We follow the [AQA syllabus](#) for students who have selected GCSE PE, Technical Award in Sport and Technical Award in Health and Social Care as their options. Each subject is taught across 5 hours in year 11, and 4 hours for year 9 and 10. The topics that we study in GCSE PE include *Anatomy and Physiology, Physical Training, Sports Psychology, Ethical Issues and Health and Fitness*. There is also a practical element to the subject where students will be assessed in 3 different sports. The topics that the Technical Award in Sport includes *Health, Components of Fitness, Diet and Performance Enhancing Drugs*. Students also cover a practical element of coaching and leadership. Health and Social Care is taught across three coursework elements; *Health and Well Being of an Individual and Promoting Healthy Living and Effective Communication*. The final area of assessment will be through an examination.

## KEY STAGE 5

The faculty offers the [AQA syllabus](#) at A level. In Y12 students follow the AS course which covers a practical element and analysis of performance, with this culminating in an external exam. In Y13 they study further units that lead to two exams to make up the complete A level course. For AS, students study *Applied Anatomy and Physiology, Skill Acquisition, Sport and Society, Biomechanical Movement, Sport Psychology and the Role of Technology*. For the full A level, students study these units in further detail as well as picking up *Exercise Physiology*. The practical element is completed outside of school hours and can be done through performance or coaching.

### City Academy Curriculum vision

*"Our vision is to inspire and challenge our students to excel in their curriculum pathway, make progress regardless of their starting point and become masters of their learning craft"*